

# **Physical & DragonFly Information**

## **Physicals**

In order to participate in any school athletics, including tryouts, your child will need to have a completed and up to date physical on file.

Physicals will have to have been completed within the prior calendar year at time of tryouts to be considered current. Any physicals completed on or after April 1, 2022 will remain current until the end of the 2022-2023 school year.

• Your child's physical may be current during tryouts, but expire before the season starts. They will be required to complete and submit an updated physical prior to practicing.

There are 3 parts to the Physical:

- Health History Form (2 pgs)
- \*Physical Exam Form (1 pg)
- \*Medical Eligibility Form (1 pg)

ALL physical forms MUST be completed on the GHSA forms, no other forms will be accepted.

- These forms may be accessed through the school's website https://www.oconeeschools.org/mbms.
- Athletics  $\rightarrow$  Physical Information  $\rightarrow$  Physical Form

## **DragonFly MAX**

Once you have completed the GHSA Physical Forms, you will need to upload them to your child's DragonFly Account.

#### **Creating a New DragonFly Account:**

- 1. Go to <a href="https://www.DragonflyMax.com">www.DragonflyMax.com</a> to get started
- 2. Click "Sign Up for Free"
- 3. Sign up with parent/guardian name and email address
- 4. Check email and verify account
- 5. Review terms and conditions in Dragonfly Max account and click "Accept"

<sup>\*</sup>Must be signed by an approved healthcare provider- MD, DO, PA, or APN.

- 6. Click "Get Started"
- 7. Follow on screen prompts and select "Parent" as role
- 8. Review your information and click save
- 9. Add athlete select school and sports athlete will participate in. Review information and click save

### **Returning Users:**

1. Log in to your account.

## **Completing Required Forms:**

- 1. Click "Submit Paperwork" under child's name
- 2. Scroll down to "Things to Do" Section
- 3. Click "Get Started" under 2022-2023 school year
- 4. A checklist of all the required forms will appear. Click on each one, complete the form, and save. The box should turn green when it is completed.
- 5. Upload both the Physical Examination Form and Medical Eligibility Form of your child's most recent physical.
- 6. Once every box is green, the account is complete. The account must be 100% complete in order for your child to be eligible to participate in school athletics.
- 7. The athletic trainer will need to approve your child's account and physical. Please allow 24-48 hours for this process.

If you have any questions regarding this process, please feel free to contact Kate Davitt, the Certified Athletic Trainer, at (706) 310-1992 ext. 1646 or kdavitt@oconeeschools.org.